



Uddingston Tae Kwon-do News Letter

September Grading

Well done to all the students who sat the grading on 24th September. Everyone passed with excellent marks. A special mention to Claire & Michelle from the adult class, who both were awarded with A* passes, which is the highest result possible :)

Grading Awards were:

Tots Class – Louisa Gilluley
Jnr Class – Dominic McCauley
Adult Class – Michelle Duffy

Tots Class - Student of the Month

September Student of the Month has gone to Marcus Lavety :) Marcus will wear the black belt in class for a month and keep the trophy. Well done to Marcus for improving so much over the last few weeks – keep up the good work :)

Squad Training

Training has resumed at Sir Matt Busby, with the exceptions of when gradings, tournis etc are on training is every Saturday from 12noon till 2pm. If you're serious about sparring and getting fit.....this is the place to be !!!! Please see me for further information.

Tournament Information

The Scottish Championships was a great success for the students who entered. Well done to everyone who participated, you all did me proud :)

Results:

Michelle Duffy – Gold Sparring, Silver Team Sparring
Mark Gilluley – Silver Sparring
Kieran Kennedy – Silver Patterns, Gold Team Sparring
Leo McCabe – Silver Patterns, Gold Team Sparring
Claire Quinn – Silver Patterns, Silver Sparring & Silver Team Sparring

Jodi Smith – Silver Sparring

Leo McCabe – Silver Patterns, Silver Teams

Our next tournament is The Scottish Closed Championships. This event will be held in Wishaw Sports Centre. This is a 'Closed' tournament, which means that is only open to Scottish clubs, so is much smaller and ideal for a first tournament. This tournament is on our doorstep, so please get as many people across there to support you fellow students !!! Spectator entry is £8 for the whole day. Closing date for entries will be Wednesday 19th October.

Our big event of the year is the British Tournament 27th November. This is the biggest tournament of the year and held in Telford. I am looking at hotels and travel arrangement just now, so let me know if you are considering attending.

Club Photograph

Thank you all for attending the photo shoot earlier this month. The photograph turned out absolutely brilliantly, I am so very proud :) The photos taken that night are available for viewing on our facebook page and web site.

Sparring Equipment & Suits

All sparring equipment is mandatory when sparring in class, so please ensure you have all the proper equipment.

All equipment, suits and handbooks etc are all available to order through myself. All orders should be paid when placing the order.

Make sure you have your name on **ALL** your equipment as everyone wears the same equipment

Halloween

Monday 31st October will be Halloween night, so please come in fancy dress. There will be a prize for each class for the best outfit :)

Our friends at our Hamilton club have invited us to their Halloween party on Saturday 29th October. Which will be held in Hillhouse Community Centre. It's a take your own drink and food night and tickets are £4 adults and £2 for kids. There are only 20 tickets, so if you would like to go see me quickly !!!!

Club/Association Information

Our new web address is www.uddingstontagb.co.uk which is still under construction. This will take some time to build and develop, but please visit it regularly :)

The Uddingston & Phoenix Facebook pages are where the club information is updated regularly so please check them out. All the information, newsletters and photos can be found on the Phoenix Web site (address below). For more information on our association and some great photos etc. have a look at the following web sites:

www.tagb.biz
www.tkdi.biz
www.tagbscotland.biz
www.phoenixtaekwondo.com
www.blackbeltschools.co.uk

Black belt schools has a great TKD quiz on their syllabus page, which is great for using to get ready for your grading.

If anyone has any questions please feel free to contact me on the number or email address below.

I would like to thank every student and every parent who is part of the club, I am extremely proud of the club and everyone associated with it. Thank you for your support.

Kirsty
September 2011

Dates for Your Diary

19th October—Closing Date for Scottish Closed

29th October – Scottish Closed Tournament, Wishaw

31st October – Fancy Dress Night

27th November – British Championships, Telford

10th December – Colour Belt Grading - TBC

I will be emailing all students the 2012 calendar of events.

The full 2011 calendar has been emailed to everyone, but it is also on TAGB Scotland, TAGB and Phoenix web sites.

Note: This newsletter is emailed to all students, if you have not received an email from me please check that I have your correct details. (your details are only used by myself for club information)